

RRCA Southern Region 5K Championship Results

Palmer College Paint The Towne 5K

November 8, 2009

Daytona Beach, Florida

Overall Male

Richardo Lomas (43) Venice, FL 16:42

Overall Female

Terri Rejimbai (41) Tampa, FL 19:02

Masters Male

Ed Lipski (55) Clarks Green, PA 19:04

Masters Female

Sue O'Malley (49) Port Orange, FL 20:00

Grandmasters Male

Virgil Williams (54) Palm Coast, FL 19:19

Grandmasters Female

Debora Diaz (53) Ormond Beach, FL 24:10